



ARENA CATCH ME IF YOU CAN

Friday, Saturday and Sunday, April 22-24, 2022

NOTE: All Open events will be swum mixed gender.

Sanction: This event is hosted by the University of Denver Hilltoppers, held under the sanction of USA Swimming Sanction #2022-041. In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims or damages arising by reason of injuries to anyone during the conduct of the event.

Location: University of Denver, Coors Fitness Center, I-25 and University Blvd, 2201 E. Asbury, Denver, CO 80208 Elevation 5342 ft.

Parking: From I-25: University exit south from I-25, and make your first turn east onto Buchtel Blvd. Parking will be available on the north side of Buchtel Blvd. Parking lot is named 108. **Map & Permit will be emailed. Participants must have permit in dashboard.**

Eligibility: USA member athletes holding a 2022 current registration. Swimmers within the 120 day transfer period must swim unattached. Age as of the first day of competition will determine a swimmer's age group. No deck registrations will be allowed. Per USA Swimming rule 302.4, Colorado Swimming Inc. will impose a fine of \$100 per swimmer who shows up on the post meet registration check charged to the team account. No swimmer who is not a member of USA Swimming shall be allowed to complete. A meet recon prior to the meet will help identify any athlete that is not in compliance. While it is absolutely the responsibility of the athlete member to complete the requirements of membership (including APT for 18 & over athletes), as a safeguard, it is the responsibility of the LSC to ensure that all swimmers competing in a sanctioned event be members of USA Swimming in good standing.

Facility: *The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming. Competition water depth measured in accordance with Article 103.2.3 ranges below.*

- 50-meter course with start depth of 4 ft on the South end, and ranging from 7-13 ft on North end.
- Meet will be conducted in 7 lanes competition, with 1 lane continuous warm-up/down. No buffer lane. Chase starts will be used to allow a greater number of participants.
- Continuous warm-up/down lanes will be available in all circumstances.

Rules: Current USA Swimming and CSI rules including MAAPP will govern the procedures of this meet.

1. The MEET REFEREE will have the final authority on all conduct of the meet.
2. **ALL EVENTS WILL BE SWUM FASTEST TO SLOWEST.**
3. All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.
4. Age of swimmer is determined as of April 22, 2022. Swimmers are limited to four (4) individual events per day.
5. The meet will be pre-seeded except for events 2-4, 13-14, 18, 21, 30-31, 36, 38 which will require a positive check-in. **If you fail to check-in you may not be allowed to compete in that event.** Once Positive check-in has closed, no new heats will be created.
6. Swimmers must provide their own timers and counters for Event 2-4, 21, and 38, the 400 Free, 400 IM and 800 Free. Swimmers should provide three (3) timers per swimmer for events 2-4.
 - a. We reserve the right to limit the Friday night's 12 & Under 400 Free and Open 800 Free to the fastest 28 or 35 entrants to keep the meet within a reasonable timeline for Friday evening's session.
 - b. On Friday Night, the 12 & U 400 Free and the Open 800 Free may be swum 2 per lane to allow more participants. The fastest two heats will swim 1 per lane, with the remaining heats swimming 2 per lanes.
 - c. No refunds will be given if an athlete does not get to compete.
7. No exhibition swimming will be allowed.
8. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, or locker rooms.
9. Deck changes are prohibited.
10. No on-deck photography from behind the starting platforms, before a start. Any team affiliated photographer must identify themselves, in advance, to the meet referee.

11. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present
12. **NT Entries will not be accepted for any entry.** To properly estimate our timelines, we need entry times for all entries.
13. Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
14. At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision, but it is the swimmer's responsibility to make such arrangements prior to the start of the meet

Start Procedure: All starts will be conducted under Rule 102.14 (National Start Rules)

Scoring: No Scoring

COVID:

1. We have taken enhanced health and safety measures to reduce the spread of COVID-19; however, we cannot guarantee that you will not be exposed to COVID-19. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. Physical presence at the meet may increase the risk of contracting COVID-19. Meet participants and spectators voluntarily assume all risks related to exposure to COVID-19 and voluntarily accept sole responsibility for any personal injury, illness, permanent disability or death that may result.
2. USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.
3. BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND [THE LSC] AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION
4. WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

Coaches/Officials: All coaches and uniformed officials must have current certification. Coaches and officials that are in non-compliance will not be allowed on deck. Deck Pass is an acceptable proof of USA Swimming Membership. **There will be a mandatory coaches meeting Friday at 3:40pm.** There will be an officials briefing at the start of warm up for each session

Awards: Ribbons 1st–8th for the 8 & Unders, 9-10, and 11-12 girls' and boys' divisions in 12 & Under events only. These age groups will be swum together, but awarded separately. No individual awards for Open events. EXCEPTION: 8 & Unders may compete in the 400 Free on Friday evening, but they will not be awarded.

Qualifying Times: Must have been achieved since April 1, 2021. TOPS Swimmers will be exempt from qualifying times.

Entry limit: The meet will be limited in swimmers to adhere to the 4-hour rule for 12 & Under Session. However, no team will be split, unless they express that desire.

Entry Procedures: The Hy-tek event template complete with qualifying times will be available on Colorado Swimming's website: swimcolorado.org. The meet will be limited in swimmers to adhere to the 4-hour rule. Entries will be accepted in the order they are received (See below). All individual non-TOPS entries must meet qualification times. **TOPS swimmers will be exempt from qualification times.**

Entry Fees: \$6.00 per individual event (\$1.05 per splash goes to the CSI travel fund), \$15.00 pool surcharge per swimmer

Late Entries: Individual events will be \$10.00, and will be accepted only at meet director's discretion. Events will not be re-seeded.

Send Meet Entries To: Austin Fowler, 303-871-3135, E-mail address: meetentries@msn.com

Please mail entries to:
Hilltopper Swimming
DU Dept of Recreation: Aquatics Room 1923
2201 E. Asbury, Denver, CO 80208
303-871-3135

Entry Deadline: Meet entries must be received by the entry Chairman no later than **Tuesday April 12, 2022**. In the situation the meet entry limit is exceeded, teams will be notified as soon as possible if their entries cannot be accepted.

Psych Sheets and Final Warm-up Meet Start times will be emailed to participating team.

Meet Director: Allyson Angle **Safety Chairman:** Rachel Cook

Meet Referee: Derigan Silver or designee derigansilver@gmail.com

Spectator Seating: Coaches and athletes will be allowed to sit on the pool deck. Parents/Spectators will need to adhere to designated seating and viewing areas. To allow our more spectator friendly viewing area, there will be NO permanent seating in the pool bleachers. There will be additional seating in the concourse and/or adjacent gymnasium.

Restrictions: Smoking, or the use of other tobacco products is prohibited on University of Denver Campus.

Warm-up Procedures: CSI warm-up procedures will be followed. Each coach will be responsible for the monitoring of their swimmers during warm-up. Swimmers must enter the pool feet first except during starts. Swimmers must enter the warm-up/warm-down lane from a three-point seated position.

2022 Catch Me If You Can Open

Schedule of Swimming Events: Friday Evening, April 22, 2022

Tentative Warm Up: 4:00 – 4:50 P.M. Tentative Session Start: 5:00 P.M.

Girls	Division	Event	Boys
1	13 & Over	Mixed 200 IM	1
2	12 & Under	400 Free	3
4	Open	Mixed 800 Free	4

Schedule of Swimming Events: Saturday Morning, April 23, 2022

Tentative Warm Up: 7:00 – 7:50 AM Tentative Session Start: 8:00 AM

Meet Qual	Girls	Division	Event	Boys	Meet Qual
	5	12 & Under	100 Fly	6	
	7	12 & Under	50 Free	8	
	9	12 & Under	100 Back	10	
	11	12 & Under	50 Breast	12	
3:59.99—10 & U 3:29.99—11-12	13	12 & Under	200 IM	14	4:09.99—10 & U 3:39.99—11-12

Schedule of Swimming Events: Saturday Afternoon, April 23, 2022

Tentative Warm Up: 12:10-1:10 PM Tentative Session Start: 1:20 PM

Meet Qual	Girls	Division	Event	Boys	Meet Qual
	15	Open	Mixed 50 Back	15	
	16	Open	Mixed 200 Fly	16	
	17	Open	Mixed 100 Free	17	
	18	Open	Mixed 200 Back	18	
	19	Open	Mixed 100 Breast	19	
	20	Open	Mixed 50 Fly	20	
5:29.99—14 & U 5:09.99—15 & O	21	Open	Mixed 400 Free	21	5:29.99—14 & U 5:04.99—15 & O

Schedule of Swimming Events: Sunday Morning, April 24, 2022

Tentative Warm Up: 7:00-7:50 AM Tentative Session Start: 8:00 AM

Meet Qual	Girls	Division	Event	Boys	Meet Qual
	22	12 & Under	50 Fly	23	
	24	12 & Under	100 Free	25	
	26	12 & Under	100 Breast	27	
	28	12 & Under	50 Back	29	
3:29.99—10 & U 2:59.99—11-12	30	12 & Under	200 Free	31	3:39.99—10& U 3:09.99—11-12

Schedule of Swimming Events: Sunday Afternoon, April 24, 2022

Tentative Warm Up: 12:10-1:10 PM Tentative Session Start: 1:20 PM

Meet Qual	Girls	Division	Event	Boys	Meet Qual
	32	Open	Mixed 50 Breast	32	
	33	Open	Mixed 100 Fly	33	
	34	Open	Mixed 200 Free	34	
	35	Open	Mixed 100 Back	35	
	36	Open	Mixed 200 Breast	36	
	37	Open	Mixed 50 Free	37	
6:29.99—14 & U 5:59.99—15 & O	38	Open	Mixed 400 IM	38	6:29.99—14 & U 5:59.99—15 & O