

JEFFCO PINEAPPLE OPEN

November 12-14th, 2021

Sponsor: This event is hosted by Jeffco Hurricanes and is held under the sanction of USA Swimming # 2021-141. In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims or damages arising by reason of injuries to anyone during the conduct of the event.

Location: George Meyers Pool, 7900 Carr Drive, Arvada, CO 80005, elevation 5300 ft

Eligibility: Open to all swimmers holding a 2021-22 USA Swimming membership card. Swimmers within the 120-day transfer rule must swim unattached. Age as of the first day of the meet will determine a swimmer's age group. Any swimmer that appears on the CSI exceptions report without registration must come to the meet prepared to show their card or they will be deck registered before they can enter the water. Per USA Swimming rule 302.4, Colorado Swimming Inc. will impose a fine of \$100 per swimmer who shows up on the post meet registration check charged to the team account. Teams will receive one Meet Recon email as a reminder to register the swimmers. As soon as the post meet registration check is run the team will be charged. Current swimming rules, including the Minor Athlete Abuse Prevention Policy (MAAPP), will govern this meet. No swimmer who is not a member of USA swimming shall be allowed to compete. A meet recon prior to the meet will help identify any athlete that is not in compliance. While it is absolutely the responsibility of the athlete member to complete the requirements of membership (including APT for 18&Over athletes), as a safeguard, it is the responsibility of the LSC to ensure that all swimmers competing in a sanctioned event be members of USA Swimming in good standing.

Facility: 25 yard indoor pool, 10 lane, 25 yard course, 8 lane continuous warm-up/down in shallow end of the pool with water depth from 3 ½ feet to 4 feet. Colorado Timing System with 10 lane scoreboard, electronic touch pads will be used. Elevation 5300'. Competition water depth measured in accordance with Article 103.2.3 ranges from 4 feet in lane 10 at the start end and the turn end to 12 feet in lane 1 at the start end and turn end. The competition course has not been certified in accordance with USA swimming 104.2.2C(4).

Rules: Current 2021 USA Swimming and CSI rules and regulations shall apply.

- 1. NO SPECTATORS**
- The meet referee will be the final authority for the conduct of the meet.
- 3. Participating teams may be assigned lanes for timing.**
- At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision, but it is the swimmer's responsibility to make such arrangements prior to the start of the meet.
- Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
- Age of the swimmer is determined as of November 12, 2021. Swimmers are limited to 4 individual events per day. All events will be timed finals. Entries will be limited for the 12 & under sessions to fit within 4 hours per session. Entries for Open sessions will be limited to complete in approximately five hours.
- Events will be pre-seeded and swimmers should report directly to the blocks with the exception of 12 & under 500 Free, Open 1000 Free, Open 500 Free, and Open 400 IM, which will require a positive check in 60 minutes prior to the start of the event based on the published timelines. Failing to check in for an event may result in not being able to compete in that event.

Swimmers must provide their own timers for all positive check-in events. Swimmers must provide their own counters for all 500 and 1000 yard freestyle events.

8. Use of audio or visual recording equipment, including a cell phone, is not permitted in locker rooms or restrooms.
9. No smoking, chewing tobacco, drugs, or drinking alcoholic beverages allowed in the building.
10. Any damage to pool property will be grounds for dismissal from the meet.
11. Deck Changes are prohibited
12. No on-deck photography from behind the starting blocks will be allowed during the starts of any races. All photographers must identify themselves in advance to the meet referee.
13. No exhibition swimming will be allowed.
14. No Time entries will not be accepted for reasons of providing an accurate timeline. JH swimmers are exempt from these restrictions.
15. In the event of inclement weather check our website 60-90 min prior to the start of each session for possible delays: www.northjeffcoswimteam.org
16. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
17. coaches/swimmers with disabilities that need accommodation should notify the meet referee prior to the start of competition.
18. COVID POLICIES

The pool area will be limited to 300 athletes. Coaches, lifeguards and meet personnel are essential staff and not counted toward the 300. Athletes/parents will be able to view the meet via Jeffco Facebook Live. Event and heats will be displayed on the Jeffco Facebook live link.

There will be no spectators.

Distance Events: The 1000 free will be swum fastest to slowest, alternating heats of girls and then boys. The open 400IM and 500 Free will be swum fastest to slowest in event order. The 12&U 500 Free will be swum slowest to fastest in event order. We reserve the right to limit the 500 free/400IM to the fastest 40 girls and 40 boys. We reserve the right to limit the 1000 free to the fastest 30swimmers 15&O/10swimmers 14&U for each gender to fit in the published timelines. The psych sheet with event ranking will be posted to the NJST website. No refunds will be given to swimmers who do not get to compete in entry limited events.

Start Procedure: All starts will be conducted under Rule 101.1.5.

Awards: Ribbons awarded for 1st-8th place for age groups 8&Under, 9-10 and 11-12. No awards for open events. There will be no team scoring.

Entry Procedure: Swimmers are limited to four events per day. The preferred method of submitting entries is electronically along with a printout of swimmers (to include events, USA ID, team code and age as of the first day of the meet) and entry fees. Master sheets should be used if entries are not able to be sent electronically. Teams not electronically entering more than 5 athletes will be charged an additional \$25 team entry fee.

The meet entries will be limited to complete the 12&U session within 4 hours. All of the JH entries will be accepted and others will be accepted in the order they are received, until the meet is full. No team will be split unless they express that desire.

The host team reserves the right to split the 12&U session into 2 sessions if there are a large number of entries. If the sessions are split, the combined time of the split sessions will not exceed 5 hours.

Entry Fees: \$7.00 per event (\$1.05 per splash goes to the CSI Support Fund). \$8.00 pool surcharge per swimmer. \$7.00 per deck entry at time of entry into open lanes only.

Entry Chair: Carmen Babcock, PO Box 746396, Arvada, CO 80006
swimshady7@yahoo.com

Meet Director: Brett Stoyell; brewstoy@hotmail.com
Carmen Babcock; swimshady7@yahoo.com

Meet Referee: David Brown; david-a-brown@comcast.net or designee;

Safety Chairman: Ashley Strickland; ashstrick@yahoo.com

Entry Deadline: Entries are to be received by the meet director by 8:00pm on October 29, 2021. Teams to make one check payable to the NJST. Late entries taken at meet to be added to open lanes only.

Warm-Up Procedure: CSI warm-up procedures will be followed. Each coach will be responsible for the monitoring of their swimmers during warm up/warm-down.

Final Warm up Times, Start times & Lane Timing Assignments: Will be posted to the NJST website, www.northjeffcoswimteam.org.

Concessions & Programs: Concessions will be available at the meet. Heat sheets will be sent to coaches to be dispersed to participating families, posted to the Jeffco website and on meet mobile

Coaches & Officials: Coaches and uniformed officials must display their USA/CSI cards when on deck, certification is mandatory. Coaches and officials not in compliance will not be allowed on deck. There will be a mandatory coaches meeting on Friday at 3:50pm. Officials will have a meeting 60 minutes prior to the start of each session.

State of Colorado general page

<https://covid19.colorado.gov/>

Jeffco County Covid info:

<https://www.jeffco.us/3999/Coronavirus-Disease-2019-COVID-19>

We have taken enhanced health and safety measures to reduce the spread of COVID-19; however, we cannot guarantee that you will not be exposed to COVID-19. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. Physical presence at the meet may increase the risk of contracting COVID-19. Meet participants and spectators voluntarily assume all risks related to exposure to COVID-19 and voluntarily accept sole responsibility for any personal injury, illness, permanent disability or death that may result.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

Schedule of Swimming Events, Friday, November 12, 2021

Warm Up: 3:50-4:50 PM Session 1 Starts: 5:00 PM

<u>Qual</u>	<u>Girls</u>	<u>Division</u>	<u>Event</u>	<u>Boys</u>	<u>Qual</u>
	1	Open	50 Free	2	
	3	13&O	200 IM	4	
	5	12&U	500 Free	6	
13:50.00	7	Open	1000 Free	8	13:50.00

Schedule of Swimming Events, Saturday, November 13, 2021

Warm Up: 7:00-8:00 AM Session 2 Starts: 8:10 AM

<u>Girls</u>	<u>Division</u>	<u>Event</u>	<u>Boys</u>
9	12&U	50 Fly	10
11	12&U	100 Free	12
13	12&U	100 Back	14
15	12&U	50 Breast	16
17	12&U	200 IM	18

Schedule of Swimming Events, Saturday, November 13, 2021

Tentative Warm Up: 12:30-1:30 PM Tentative Session 3 Start Time: 1:40 PM

<u>Qual</u>	<u>Girls</u>	<u>Division</u>	<u>Event</u>	<u>Boys</u>	<u>Qual</u>
	19	Open	100 Free	20	
	21	Open	200 Back	22	
	23	Open	100 Breast	24	
	25	Open	200 Fly	26	
6:10.00	27	Open	500 Free	28	6:10.00

Schedule of Swimming Events, Sunday, November 14, 2021

Warm Up: 7:00-8:00 AM Session 4 Starts: 8:10 AM

<u>Girls</u>	<u>Division</u>	<u>Event</u>	<u>Boys</u>
29	12&U	100 IM	30
31	12&U	100 Fly	32
33	12&U	50 Free	34
35	12&U	100 Breast	36
37	12&U	50 Back	38
39	12&U	200 Free	40

Schedule of Swimming Events, Sunday, November 14, 2021

Tentative Warm Up: 12:30-1:30 PM Tentative Session 5 Start Time: 1:40 PM

<u>Qual</u>	<u>Girls</u>	<u>Division</u>	<u>Event</u>	<u>Boys</u>	<u>Qual</u>
	41	Open	100 Fly	42	
	43	Open	200 Breast	44	
	45	Open	100 Back	46	
	47	Open	200 Free	48	
5:20.00	49	Open	400 IM	50	5:20.00