

# JEFFCO PINEAPPLE OPEN

**November 8-10th, 2019**

**Sponsor:** This event is hosted by Jeffco Hurricanes and is held under the sanction of USA Swimming # 2019-141. In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims or damages arising by reason of injuries to anyone during the conduct of the event.

**Location:** George Meyers Pool, 7900 Carr Drive, Arvada, CO 80005, elevation 5300 ft

**Eligibility:** Open to all swimmers holding a 2019/20 USA Swimming membership card. Swimmers within the 120-day transfer rule must swim unattached. Age as of the first day of the meet will determine a swimmer's age group. Any swimmer that appears on the CSI exceptions report without registration must come to the meet prepared to show their card or they will be deck registered before they can enter the water. Per USA Swimming rule 302.4, Colorado Swimming Inc. will impose a fine of \$100 per swimmer who shows up on the post meet registration check charged to the team account. Teams will receive one Meet Recon email as a reminder to register the swimmers. As soon as the post meet registration check is run the team will be charged.

**Facility:** 25 yard indoor pool, 10 lane, 25 yard course, 8 lane continuous warm-up/down in shallow end of the pool with water depth from 3 ½ feet to 4 feet. Colorado Timing System with 10 lane scoreboard, electronic touch pads will be used. Elevation 5300'. Competition water depth measured in accordance with Article 103.2.3 ranges from 4 feet in lane 10 at the start end and the turn end to 12 feet in lane 1 at the start end and turn end. The competition course has not been certified in accordance with USA swimming 104.2.2C(4).

**Rules:** Current 2019 USA Swimming and CSI rules and regulations shall apply.

1. The meet referee will be the final authority for the conduct of the meet.
2. **Participating teams may be assigned lanes for timing.**
3. Swimmers attending without a coach must report to the meet referee to make arrangements for coach supervision to act in their interest during the meet. Assigned coach shall be responsible for supervision of warm-up/warm-down, and all other responsibilities of the swimmer.
4. Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
5. Age of the swimmer is determined as of November 8, 2019. Swimmers are limited to 4 individual events per day. All events will be timed finals. Entries will be limited for the 12 & under sessions to fit within 4 hours per session. Entries for Open sessions will be limited to complete in approximately five hours.
6. Events will be pre-seeded and swimmers should report directly to the blocks with the exception of 12 & under 500 Free, Open 1000 Free, Open 500 Free, and Open 400 IM, which will require a positive check in approximately 60 minutes prior to the start of the event. Failing to check in for an event may result in not being able to compete in that event. **Swimmers must provide their own timers for all positive check-in events. Swimmers must provide their own counters for all 500 and 1000 yard freestyle events.**
7. Use of audio or visual recording equipment, including a cell phone, is not permitted in locker rooms or restrooms.
8. No smoking, chewing tobacco, drugs, or drinking alcoholic beverages allowed in the building.
9. Any damage to pool property will be grounds for dismissal from the meet.
10. Deck Changes are prohibited

11. No on-deck photography from behind the starting blocks will be allowed during the starts of any races. All photographers must identify themselves in advance to the meet referee.
12. No exhibition swimming will be allowed.
13. No Time entries will not be accepted for reasons of providing an accurate timeline. Qualification times for the 500 Free and 400 IM are subject to verification. JH swimmers are exempt from these restrictions.
14. In the event of inclement weather check our website 60-90 min prior to the start of each session for possible delays: [www.northjeffcoswimteam.org](http://www.northjeffcoswimteam.org)
15. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

**Distance Events:** The 1000 free will be swum fastest to slowest, alternating heats of girls and then boys. The open 400IM and 500 Free will be swum fastest to slowest in event order. We reserve the right to limit these events and the 12&U 500 Free to the fastest 40 girls and 40 boys regardless of age to fit in the published timelines. The psych sheet with event ranking will be posted to the NJST website. No refunds will be given to swimmers who do not get to compete in entry limited events.

**Start Procedure:** All starts will be conducted under Rule 101.1.5.

**Awards:** Ribbons awarded for 1<sup>st</sup>-8<sup>th</sup> place for age groups 8&Under, 9-10 and 11-12. No awards for open events. There will be no team scoring.

**Entry Procedure:** Swimmers are limited to four events per day. The preferred method of submitting entries is electronically along with a printout of swimmers (to include events, USA ID, team code and age as of the first day of the meet) and entry fees. Master sheets should be used if entries are not able to be sent electronically. Teams not electronically entering more than 5 athletes will be charged an additional \$25 team entry fee.

The meet entries will be limited to complete the 12&U session within 4 hours. All of the JH entries will be accepted and others will be accepted in the order they are received, until the meet is full. No team will be split unless they express that desire.

The host team reserves the right to split the 12&U session into 2 sessions if there are a large number of entries. If the sessions are split, the combined time of the split sessions will not exceed 5 hours.

**Entry Fees:** \$6.00 per event (\$0.75 per splash goes to the CSI Support Fund). \$8.00 pool surcharge per swimmer. \$6.00 per deck entry at time of entry into open lanes only.

**Entry Chair:** NJST-Amy Hedges, PO Box 746396, Arvada, CO 80006  
[jeffcoentrychair@yahoo.com](mailto:jeffcoentrychair@yahoo.com)

**Meet Director:** Brett Stoyell; [brewstoy@hotmail.com](mailto:brewstoy@hotmail.com)  
Carmen Babcock; [swimshady7@yahoo.com](mailto:swimshady7@yahoo.com)

**Meet Referee:** Heather Rooney or designee;

**Safety Chairman:** Ashley Strickland; [ashstrick@yahoo.com](mailto:ashstrick@yahoo.com)

**Entry Deadline:** Entries are to be received by the meet director by 8:00pm on October 22, 2019. Teams to make one check payable to the NJST. Late entries taken at meet to be added to open lanes only.

**Warm-Up Procedure:** CSI warm-up procedures will be followed. Each coach will be responsible for the monitoring of their swimmers during warm up/warm-down.

**Final Warm up Times, Start times & Lane Timing Assignments:** Will be posted to the NJST website, [www.northjeffcoswimteam.org](http://www.northjeffcoswimteam.org).

**Concessions & Programs:** Both will be available during the meet.

**Coaches & Officials:** Coaches and uniformed officials must display their USA/CSI cards when on deck, certification is mandatory. Coaches and officials not in compliance will not be allowed on deck. There will be a mandatory coaches meeting on Friday at 3:30pm. Officials will have a meeting 60 minutes prior to the start of each session.

Schedule of Swimming Events, Friday, November 8, 2019

Warm Up: 3:50-4:50 PM Session 1 Starts: 5:00 PM

<u>Girls</u>	<u>Division</u>	<u>Event</u>	<u>Boys</u>
1	Open	50 Free	2
3	13&O	200 IM	4
5	12&U	500 Free	6
7	Open	1000 Free	8

Schedule of Swimming Events, Saturday, November 9, 2019

Warm Up: 7:00-8:00 AM Session 2 Starts: 8:10 AM

<u>Girls</u>	<u>Division</u>	<u>Event</u>	<u>Boys</u>
9	12&U	50 Fly	10
11	12&U	100 Free	12
13	12&U	100 Back	14
15	12&U	50 Breast	16
17	12&U	200 IM	18

Schedule of Swimming Events, Saturday, November 9, 2019

Tentative Warm Up: 12:30-1:30 PM Tentative Session 3 Start Time: 1:40 PM

<u>Qual</u>	<u>Girls</u>	<u>Division</u>	<u>Event</u>	<u>Boys</u>	<u>Qual</u>
	19	Open	100 Free	20	
	21	Open	200 Back	22	
	23	Open	100 Breast	24	
	25	Open	200 Fly	26	
6:10.00	27	Open	500 Free	28	6:10.00

Schedule of Swimming Events, Sunday, November 10, 2019

Warm Up: 7:00-8:00 AM Session 4 Starts: 8:10 AM

<u>Girls</u>	<u>Division</u>	<u>Event</u>	<u>Boys</u>
29	12&U	100 IM	30
31	12&U	100 Fly	32
33	12&U	50 Free	34
35	12&U	100 Breast	36
37	12&U	50 Back	38
39	12&U	200 Free	40

Schedule of Swimming Events, Sunday, November 10, 2019

Tentative Warm Up: 12:30-1:30 PM Tentative Session 5 Start Time: 1:40 PM

<u>Qual</u>	<u>Girls</u>	<u>Division</u>	<u>Event</u>	<u>Boys</u>	<u>Qual</u>
	41	Open	100 Fly	42	
	43	Open	200 Breast	44	
	45	Open	100 Back	46	
	47	Open	200 Free	48	
5:33.00	49	Open	400 IM	50	5:25.00