

MACS June Suburban League Invite

2022-002c

Saturday, June 11, 2022

Warm-up 9:00 a.m.

Meet Start – 10:00 a.m

- SANCTION:** Held under the general sanction of Suburban Swim League 2022.
- LOCATION:** Pool- sponsored by MACS- Mission Aurora Colorado Swimming
3869 S. Atchison Way, Aurora, CO 80014 303.690.7100. 6 lane, 25 meter pool. The competition course has not been certified in accordance with 104.2.2C(4). The depth of the pool at the starting blocks is 10 feet and the turn end of the pool is 3 ½ feet and at elevation of ~5,500.
- DIRECTIONS:** From I-225 and Parker Rd, take Parker Rd Southeast to Atchison Way. (First Left after the light going into Cherry Creek State Park) Turn East on Atchison Way. Pool is on the right.
- PARKING :** Due to the limited parking on the street we ask attendees to park on the tennis court next to the pool. Just pull into the small MACS parking lot and you will be directed into the tennis court.
- FACILITIES:** Due to COVID-19 restrictions, the clubhouse can not be used by swimmers or parents and we ask that the locker rooms only be used as restrooms. **PLEASE ARRIVE TO THE MEET WITH YOUR SUIT ALREADY ON.**
- AWARDS:** For the top 6 finishers in each event
- SEEDING:** The meet shall be pre-seeded. All events are timed finals.
- RULE/
ELIGIBILITY:** All athletes must hold current registration with USA Swimming and be members of a team in the Suburban League.
- Age of swimmer is determined as of June 11, 2022.
- Swimmers may be entered in a maximum of 4 individual events
- The Meet Referee shall be the final authority on all matters pertaining to the meet and retains the right to combine individual events by age, gender and/or distance.
- The cutoff for deck entries is one half hour before the meet begins. Deck entries will be accepted for available lanes. No new heats will be created for deck entries.
- Use of audio or visual recording devices, including a cell phone camera, is not allowed in changing areas, rest rooms or locker rooms. Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.

Any suit which is included on the FINA list and any other suit which meets the three criteria of (1) being made of full textile materials, (2) not covering more of the body than allowed by 102.9.1.B and (3) not having any zippers or other fastening devices is considered to be an allowable suit.

Current USA Swimming Rules will govern this meet.

All applicable adults participating in or associated with this meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

No swimmer who is not a member of USA Swimming shall be allowed to complete. A meet recon prior to the meet will help identify any athlete that is not in compliance. While it is absolutely the responsibility of the athlete member to complete the requirements of membership (including APT for 18 & over athletes), as a safeguard, it is the responsibility of the LSC to ensure that all swimmers competing in a sanctioned event be members of USA Swimming in good standing.

Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

This meet will enforce timely reporting to the block area and responding promptly to signals and commands as follows: When the swimmers and officials are ready, the Referee shall signal with an outstretched arm to the Starter that the swimmers are under the Starter control (102.14.4B). Swimmers stepping up late, after the Referee has signaled with an outstretched arm releasing the field to the Starter, "may", at the discretion of the Referee, be barred from competing in that event. It is the responsibility of every swimmer and coach to ensure that swimmers report to the starting area in a timely fashion and respond promptly to all signals and commands of the meet officials.

Deck changes are prohibited.

Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

No exhibition Swimming is allowed.

Coaches Are required to sign-in to receive the meet program.

Per USA Swimming rule 302.4, Colorado Swimming Inc. will impose a fine of \$100 per swimmer who shows up on the post meet registration check charged to the team account. Teams will receive one Meet Recon email as a reminder to register the swimmers. As soon as the post meet registration check is run the team will be charged.

Colorado Swimming, Inc. does not support, recommend, endorse or take responsibility for the sale or marketing of any dietary supplements. It is the swimmers responsibility to know the contents of any food or drink he/she ingests. For more specific information on supplements please refer to the drug information on the USA Swimming website at www.usaswimming.org

In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

**PARTICIPANT
ASSUMPTION
OF RISK:**

We have taken enhanced health and safety measures to reduce the spread of COVID-19; however, we cannot guarantee that you will not be exposed to COVID-19.

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable.

Physical presence at the meet may increase the risk of contracting COVID-19. Meet participants and spectators voluntarily assume all risks related to exposure to COVID-19 and voluntarily accept sole responsibility for any personal injury, illness, permanent disability or death that may result

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND [THE LSC] AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

TIMING: 2 Buttons and a stopwatch

ENTRY FEES: \$20.00 per swimmer (\$1.05 to CSI Support Fund). Fees must accompany all entries and are non-refundable.

PROGRAMS: Programs will be posted and available online.

MEET REFEREE: Jon Brock jbrock@desertskygroup.com

SAFETY

MARSHALL: TBD

SEATING: Please bring your own chairs and shade. There is no bleacher seating and limited seating in the shade.

ENTRY

PROCEDURE: **Please enter times in SC METERS.** Entries are accepted and should use the Hy-Tek Team Manager v6.0 or higher. Coaches name, address and phone number should be included.

Email entries to: meetdirector@macswim.org

Make checks payable to MACS. You can bring a check to the meet or mail it to:
MACS, % Macs Treasurer
3869 S. Atchison Way
Aurora, CO 80014

Entries accepted no later than Monday, May 30, 2022.

EVENT ORDER & TIME STANDARDS (times in SC Meters)***If you have a time faster than the posted time you are not eligible to swim that event**

<u>Time Standard</u>	<u>Girls#</u>	<u>Division</u>	<u>Event</u>	<u>Boys #</u>	<u>Time Standard</u>
	1	8 & Under	25 Free	2	
42.69	3	10 & U	50 Free	4	43.89
32.99	5	11-12	50 Free	6	34.39
28.69	7	13 & O	50 Free	8	27.39
	9	8 & U	25 Back	10	
49.59	11	10 & U	50 Back	12	51.49
38.89	13	11-12	50 Back	14	40.69
1:10.49	15	13 & O	100 Back	16	1:08.99
	17	8 & U	25 Breast	18	
56.69	19	10 & U	50 Breast	20	59.49
43.89	21	11-12	50 Breast	22	46.89
1:20.09	23	13 & O	100 Breast	24	1:17.99
	25	8 & U	100 IM	26	
	27	10 & U	100 IM	28	
	29	11-12	100 IM	30	
2:32.59	31	13 & O	200 IM	32	2:28.89
	33	8 & U	25 Fly	34	
48.99	35	10 & U	50 Fly	36	51.79
36.89	37	11-12	50 Fly	38	39.29
1:09.29	39	13 & O	100 Fly	40	1:08.19
	41	8 & U	50 Free	42	
1:34.79	43	10 & U	100 Free	44	1:37.09
1:13.09	45	11-12	100 Free	46	1:15.69
1:02.29	47	13 & O	100 Free	48	59.39
	49	8 & U	100 Free	50	
3:24.29	51	10 & U	200 Free	52	3:35.79
2:41.29	53	11-12	200 Free	54	2:47.69
2:16.49	55	13 & O	200 Free	56	2:10.89