



"A" Time Standards						
Women			Men			
SCY	SCM	LCM	Event	LCM	SCM	SCY
26.09	28.79	29.89	50 Free	26.29	25.79	23.29
56.49	1:02.49	1:04.49	100 Free	58.59	56.39	50.99
2:01.89	2:14.89	2:19.09	200 Free	2:08.79	2:03.49	1:51.59
5:29.69	4:48.49	4:55.99	400/500 Free	4:36.69	4:29.39	5:07.79
11:22.69	9:57.49	10:10.59	800/1000 Free	9:35.69	9:18.59	10:38.29
18:59.69	18:52.09	19:36.29	1500/1650 Free	18:19.89	17:49.09	17:52.29
1:02.69	1:09.19	1:12.79	100 Back	1:06.79	1:03.29	57.29
2:15.29	2:29.59	2:35.49	200 Back	2:22.69	2:17.59	2:04.49
1:12.49	1:20.09	1:23.09	100 Breast	1:15.59	1:11.89	1:05.09
2:35.99	2:52.39	2:57.99	200 Breast	2:42.89	2:36.89	2:21.99
1:02.59	1:09.09	1:10.79	100 Fly	1:04.29	1:02.39	56.49
2:16.99	2:31.39	2:35.59	200 Fly	2:22.89	2:19.09	2:05.89
2:16.69	2:31.29	2:37.49	200 IM	2:24.39	2:18.09	2:04.79
4:54.49	5:25.39	5:35.09	400 IM	5:10.99	5:00.79	4:32.19
3:49.96	4:13.96	4:21.96	400 Free Relay	3:58.36	3:49.56	3:27.96
8:15.56	9:07.16	9:24.36	800 Free Relay	8:43.16	8:21.96	7:34.36
4:12.46	4:41.86	4:52.16	400 Medley Relay	4:26.26	4:14.96	3:50.89

Bonus Time Standards						
Women			Men			
SCY	SCM	LCM	Event	LCM	SCM	SCY
26.59	29.29	30.39	50 Free	26.79	26.29	23.79
57.49	1:03.49	1:05.49	100 Free	59.59	57.39	51.99
2:03.89	2:16.89	2:21.09	200 Free	2:10.79	2:05.49	1:53.59
NA	NA	NA	400/500 Free	NA	NA	NA
NA	NA	NA	800/1000 Free	NA	NA	NA
NA	NA	NA	1500/1650 Free	NA	NA	NA
1:03.69	1:10.19	1:13.79	100 Back	1:07.79	1:04.29	58.29
2:15.29	2:29.59	2:35.49	200 Back	2:24.69	2:19.59	2:06.49
1:13.49	1:21.09	1:24.09	100 Breast	1:16.59	1:12.89	1:06.09
2:37.99	2:54.39	2:59.99	200 Breast	2:44.89	2:38.89	2:23.99
1:03.59	1:10.09	1:11.79	100 Fly	1:05.29	1:03.39	57.49
2:16.99	2:31.39	2:35.59	200 Fly	2:24.89	2:21.09	2:07.89
2:18.69	2:33.29	2:39.49	200 IM	2:26.39	2:20.09	2:06.79
NA	NA	NA	400 IM	NA	NA	NA

Bonus rules: A swimmer who has achieved one qualifying time for the meet will be eligible to swim Bonus events in which the Bonus standard has been achieved. Bonus events are limited to distances of 200 meters or less.

Exception: 800 and 1500 meter freestyle. Swimmers who have achieved an "A" qualifying standard in the 800 or 1500 meter freestyle may enter the other "distance" event if they do not have the "A" standard in that event

Qualification Period:

Times must have been achieved within the last 18 months prior to the meet. Times from 2/2/15 – 8/2/16 are valid qualification times.