



# Hurricane Alert



## Evergreen Suburban League Qualifier Sunday May 5<sup>th</sup>, 2019

- Sanction:** Held under the general sanction of the Suburban Swim League, hosted by the Jeffco Hurricanes - Evergreen.
- Facility:** Wulf Recreation Center Pool, 5300 S. Olive Rd., Evergreen, CO. This Indoor 25 yard, 6-lane pool is located at an Elevation of 7280 ft. The competition course has been certified in accordance with 104.2.2C (4). The copy of such certification is on file with USA swimming. The depth of the pool at the start blocks is 11 feet and turn ends of the pool is 3 ½ feet.
- Timing:** Colorado Timing System 6 with 6-lane scoreboard, shallow end pickles for 25's, and Dolphin backup timing for each lane. All events are timed finals.
- Format:** A one-day meet where each swimmer may enter in a **maximum of 4 individual events**. No qualifying times but, if you have a time as fast or faster than the 2019 CSI Age Group State Championship time you are not eligible to swim that event! Both the 200 and 500 Free events have a positive check-in. The 500 Free will be swam fast to slow, alternate girl – boy and Swimmers must provide their own timers and counters for this event!
- Schedule:** Sunday Session 1, 7:30 AM Warm-up, 8:30 AM Start, Session 2, TBD.  
**Note: warm-up and meet start times will be adjusted based on number of entries.**
- Rules & Eligibility:** Current USA Swimming Rules & Regulations will govern meet procedures. The meet referee will be final authority. All swimmers must have current 2019 USA Swimming registration. The meet will be pre-seeded. Age will be determined as of May 5<sup>th</sup>, 2019. Per USA Swimming rule 302.4, Colorado Swimming Inc. will impose a fine of \$150 per swimmer who shows up on the post meet registration check charged to the team account. Teams will receive one Meet Recon email as a reminder to register the swimmers. As soon as the post meet registration check is run the team will be charged. Entries are limited to the first 150 swimmers outside of the Jeffco Hurricanes Swim Team. No team will be split, unless they express that desire. There will be positive check in for the 200 and 500 Free. The positive check in will close 60 minutes after the start of Session 1.
- Colorado Swimming warm-up procedures will be followed. Any swimmer entered in the meet must be certified by as USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility for the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. Unattached/unaccompanied swimmers will be assigned to an Evergreen team coach for warm-up/warm-down and to act in their interests for the meet, and must report to the meet referee for assignment of the coach. No exhibition swimming will be allowed.
- The use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, or locker rooms. Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.

Meet Referee:	Kathy Lahr/Designee	303-570-8251	<a href="mailto:kathy.j.lahr@gmail.com">kathy.j.lahr@gmail.com</a>
Meet Director:	Michael Honnick	303-984-6817	<a href="mailto:meetdirector@evergreenswimteam.org">meetdirector@evergreenswimteam.org</a>
Safety Chair:	Jeff Armstrong	303-635-6989	<a href="mailto:jarm003@yahoo.com">jarm003@yahoo.com</a>

**Coaches & Officials:** All coaches and uniformed officials must display their USA/CSI cards while on deck. Current certification for all coaches is mandatory. Coaches that are not in compliance will not be allowed on deck.

**Entry Fee:** \$16.00 per individual swimmer. Fees must accompany meet entries and are non-refundable. Make one check payable to Evergreen Swim Team.

**Entries:** All Meet entries should be submitted via E-mail using Hy-Tek Meet Manager software and received by the entry chair by **6:00 PM Tuesday, April 23rd**. Copies of TM Individual entry report and TM Entry Fee Report must accompany entries. NT entries will be accepted but will be seeded with the slowest heats. **The Colorado Swimming Meet Verification form must accompany all entries.** Please include coach's name, address, E-mail, and phone number.

Entry Chair: Michael Honnick  
P.O. Box 62  
Evergreen, CO 80437  
Work 303-984-6817 Home 303-674-3769  
[meetdirector@evergreenswimteam.org](mailto:meetdirector@evergreenswimteam.org)

Team Manager Event template will be available April 1nd, 2019. Please E-mail the Meet Entry Chair for a copy of the file if you would like one. Late or Deck entries will be accepted at the discretion of the Meet Director \$16.00 charge (if the swimmer is not already entered in the meet). Note: Late or Deck entries will be accepted for available lanes, no new heats will be created, and all deck entries must present proof of current registration.

**Coaches will be provided Warm-up assignments, Psych sheets, Time Line and the Meet Program by E-mail no later than Wednesday May 1st.**

**Note: No programs will be available for sale! Meet Programs will be available to print/download on the Team Web Page. <http://www.evergreenswimteam.org>**

**Scoring & Awards:** Ribbons will be given for the first 6 places in each event. There will be no individual or team scoring.

**Results:** Results for Team Manager will be E-mailed to each team.

**Additional Info:** Each team may be asked to provide a timer for the duration of each session. No smoking allowed on deck, in the building or any area frequented by swimmers. No glass bottles on deck or in the restrooms. A snack bar and hospitality area will be open throughout the meet. **Bleachers and other seating will be provided. Swimmers must remain in designated areas.**

**Directions:** From Denver take I-70 West to the Evergreen Parkway exit #252. Evergreen Parkway is Hwy 74. Stay on Hwy 74 all the way to the stoplight in downtown Evergreen (just past Evergreen Lake). Go right towards Conifer on Hwy 73 about 1/2 mile. Go right at the stoplight at Buffalo Park Road. The road switches back twice, take a left at the bottom of the first hill, which is Olive Road. You will see Evergreen HS at this point. Follow Olive Rd up the hill until it dead ends at the Recreation Center. The phone number at the Recreation Center is 720-880-1200. Additional parking at Evergreen High School.

Team Phone Number: **720-880-1290**

Team Web Page: <http://www.evergreenswimteam.org>

**Meet  
Up-Date  
and Team  
Info:**

**(Inclement Weather Guidance, the Team's Web Page will be updated by 6:30 a.m. reporting any last minute cancellations or delayed start times!)**



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## Evergreen Suburban League Qualifier

### EVENT ORDER & TIME STANDARDS (times in yards)

**\*If you have a time faster than the posted time you are not eligible to swim that event!**

### Session 1

Time Standard	Girls#	Division	Event	Boys #	Time Standard
1:10.79	1	10 & U	100 Free	2	1:11.29
1:00.99	3	11-12	100 Free	4	1:01.49
*****	5	13 & O	100 Free	6	*****
	7	8 & U	25 Back	8	
38.19	9	10 & U	50 Back	10	38.59
31.99	11	11-12	50 Back	12	32.99
*****	13	11 & O	100 Back	14	*****
*****	15	11 & O	200 Back	16	*****
	17	8 & U	25 Breast	18	
43.99	19	10 & U	50 Breast	20	45.19
36.59	21	11-12	50 Breast	22	37.49
*****	23	11 & O	100 Breast	24	*****
*****	25	11 & O	200 Breast	26	*****
1:22.89	27	10 & U	100 IM	28	1:24.39
1:09.79	29	11-12	100 IM	30	1:11.29
*****	31	11 & O	200 IM	32	*****
	33	8 & U	25 Fly	34	
37.19	35	10 & U	50 Fly	36	37.49
30.29	37	11-12	50 Fly	38	31.09
*****	29	11 & O	100 Fly	40	*****
*****	41	11 & O	200 Fly	42	*****
	43	8 & U	25 Free	44	
32.19	45	10 & U	50 Free	46	32.19
27.89	47	11-12	50 Free	48	28.19
*****	49	13 & O	50 Free	50	*****

### 10 Minute Warm Up

### Session 2

**Positive Check-in for the 200 and 500 Free**

*****	51	OPEN	200 Free	52	*****
*****	53	OPEN	500 Free	54	*****

( \*\*\*\*\*- 2018-19 CSI Age Group Time Standards – Varies By Age Group )  
(Age Groups are – 8 & U, 10 & U, 11-12, 13-14, and 15 & O )