

2019 JEFFCO SUMMER FINALE OPEN
George Meyers Pool (Elevation 5300')
7900 Carr Drive, Arvada, CO 80005
July 26-27, 2019

- Sanction** **Held under the sanction of USA Swimming # 2019-105**
In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims or damages arising by reason of injuries to anyone during the conduct of this event.
- Facilities** This meet will be held at a 50 meter, 8-lane indoor pool with a depth ranging from 13 ft at the start end to 3 1/2 ft at the turn end. All events will start at the diving board end of the pool. Competition will be held in 7 of the 8 lanes and the 8th lane will be reserved for continuous warm-up/warm-down, subject to any restrictions set forth by the Meet Referee. A Colorado Timing System with 10 lane scoreboard and electronic touch pads will be used. The competition course has not been certified in accordance with [104.2.2C](#).
- Eligibility** USA member athletes having a 2019 USA Swimming membership. Swimmers within the 120 day transfer period must swim unattached. Any swimmer that is listed on the CSI exception report without registration must come to the meet prepared to show their registration on deck pass or they must be deck registered before they can enter the water. Per USA Swimming rule 302.4, Colorado Swimming Inc. will impose a fine of \$100 per swimmer who shows up on the post meet registration check charged to the team account. Teams will receive one Meet Recon email as a reminder to register the swimmers.
- Schedule** Afternoon session start times are tentative. Final start times will be posted at www.northjeffcoswimteam.com and emailed to coaches by July 22nd. There will be a coaches meeting Friday, June 26th at 3:15pm.
- | | <u>Warm-ups</u> | <u>Start</u> |
|-------------------------|-----------------|--------------|
| Session 1 Friday Open | 3:30pm - 4:20pm | 4:30pm |
| Session 2 Saturday Open | 8:00 – 8:50am | 9:10am |
- Entry Procedures** **Meet entries must be received by the Meet Entry Chair no later than 5:00 PM Thursday, July 16th.** The meet will be **LIMITED** to fit within the 4 hour rule. All of the JH entries will be accepted and others will be accepted in the order they are received, until the meet is full. Entries received after July 16th will be accepted only if space is available and must be accompanied by a \$6.00 late fee per event. E-Mail entries will be accepted, and will be used to determine order of entry. **ALL HARD COPIES MUST BE POSTMARKED BY Thursday, July 16th.** There will additionally be a \$25 fee for entries not sent electronically. The entry chair will send email confirmation of received entries to all entering teams.
- All meet entries should be submitted via email using Hy-Tek software, along with a printout of swimmers and events. Out of state swimmers should provide Master Sheets if unable to present entries using Hy-Tek. No team will be split, unless they express that desire. **Entries may be submitted in only LCM.** No times conversions allowed.

Entry fees are:

\$6.00 per individual event

\$8.00 pool surcharge per swimmer

\$0.75 of every individual event goes to the CSI Support Fund.

Make one check payable to the North Jeffco Swim Team.

Send meet entries to Entry Chair:

North Jeffco Swim Team

P.O. Box 746396

Arvada, CO 80006

jeffcoentrychair@yahoo.com

Psych sheets will be posted by Mon, July 22nd at www.northjeffcoswimteam.com

Deck entries will be accepted at a cost of \$6 per entry and seeded only into open lanes. Deck entries will close 15 minutes prior to the completion of each session's warm-up. No extra heats will be added to accommodate deck entries. All deck entries must present proof of current registration — no exceptions will be made.

Distance Events

The following events will be positive check-in and deck seeded: 400 Free. All events will be contested slowest to fastest in event order. Positive check-in for the 400 Free will close approximately 1 hour prior to the event. With the exception of the loss of the entry fee, there are no penalties for swimmers that positive check-in and do not compete in an event. The 400 Free require swimmers to provide their own timers (2).

Awards

No awards will be given for the meet.

Programs / Results

Programs will be posted on the Jeffco Website. There will be no paper copies of the program. Additionally, results will be posted on Meet Mobile.

Warm-up Procedures

Each coach will be responsible for the monitoring of their swimmers during the warm-up. No forward dives or backstroke starts into the water during warm-up unless there is one way swimming and starts with coach supervision. The standard CSI warm-up procedures are in effect for this meet.

Rules

Rules: Current 2019 USA Swimming and CSI rules and regulations shall apply.

1. The meet referee will be the final authority for the conduct of the meet.
2. At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision, but it is the swimmer's responsibility to make such arrangements prior to the start of the meet.
3. **Participating teams will be assigned lanes for timing.**
4. Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water without the use of the backstroke ledge. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal

- guardian to ensure compliance with this requirement.
5. Age of the swimmer is determined as of July, 26th, 2019.
 6. Swimmers are limited to 4 individual events per day. If the timeline is over 4 hours per session teams will be asked to enter a maximum of 3 events per day.
 7. All events will be timed finals.
 8. Entries will be limited to fit within the four-hour USA Swimming rule.
 9. Use of audio or visual recording equipment, including a cell phone, is not permitted in locker rooms or restrooms.
 10. On-deck photography is not allowed from behind the starting blocks at all times
 11. No smoking, chewing tobacco, drugs, or drinking alcoholic beverages allowed in the building.
 12. Any damage to pool property will be grounds for dismissal from the meet.
 13. Deck changes are prohibited.
 14. No exhibition swimming will be allowed.
 15. No Time entries will not be accepted for reasons of providing an accurate timeline. Jeffco Hurricanes swimmers are exempt from the No Time requirement.
 16. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.
 - 17. 12&U swimmers entering events cannot have achieved the CSI 12&U State Meet time standard in that event. A check of entry times will be done prior to the meet.**

Coaches and Officials All coaches and uniformed officials must display their USA/CSI cards when on deck or Deck pass is an acceptable proof of membership. Current certification is mandatory. Coaches and officials not in compliance will not be allowed on deck.

Concessions Will NOT be available during the meet.

Special Information All coaches, officials, parents and swimmers should act in a manner to reduce the risk of accidents. Coaches are to monitor their swimmers during warm-up and during the meet and are responsible for their safety. This includes but is not limited to slippery deck, bleachers and hallways. All coaches, officials, parents and athletes are reminded that the swimming venue may have areas where additional care needs to be observed. Care should be given to not park in either handicapped spaces or fire lanes as vehicles may be towed at owner's expense.

Entry Chair NJST – P.O. Box 746396, Arvada, CO 80006
jeffcoentrychair@yahoo.com

Meet Director Carmen Babcock swimshady7@yahoo.com
Brett Stoyell brewstoy@hotmail.com

Meet Referee David Brown david-a-brown@comcast.net
Safety Chairman Ashley Strickland

FRIDAY PM. SESSION 1.
3:30-4:20PM Warm-Up 4:30pm Start

OPEN 100 free
11&O 200 breast
OPEN 50 back
OPEN 100 fly
11&O 200 back
OPEN 50 breast
11&O 400 free

SATURDAY AM. SESSION 2.
8-8:50am Warm-Up 9:00am Start

OPEN 50 free
11&O 200 fly
OPEN 100 back
11&O 200 IM
OPEN 50 fly
OPEN 100 breast
11&O 200 free