



Colorado Swimming Short Course 14 & Under Silver State March 1-3, 2019

SANCTION: Held under Sanction of USA Swimming. CO Sanction #2019-032. In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims or damages arising by reason of injuries to anyone during the conduct of the event. It is also understood and agreed that the University of Denver shall be free from any liabilities, claims or damages arising by reason of injuries to anyone during the conduct of the event.

MEET REFEREE Mark Maloney Email: MaloneyCSI@CenturyLink.net

MEET DIRECTOR: Shawn Smith Email: shawn.smith@du.edu

ENTRY CHAIR: Colorado Swimming Email: csimeetentries@gmail.com
PO BOX 816 Frederick, CO 80530
970-454-3697 (Linda) 720-616-7937 (Jackie)
Charged to Team Account

SAFETY DIRECTOR: Rachel Cook Email: Rachel.cook@du.edu

LOCATION: [2201 E. Asbury, University of Denver Dept. Of Recreation, Denver, CO](#) Phone: 303-871-3135

FACILITY: Elevation 5342 ft; Seventeen lane; 25 yard by eight-lane 50-meter indoor pool.
Dependent upon number of entrants, the meet may run in a one 10 lane, 25 yard course, with depth ranging from 7-13 ft at start end and turn end, or in one 8 lane course with depth ranging from 7-13 ft at start end and 7 ft depth at turn end. Continuous warm-up/down lanes will be available in both circumstances. The competition course has been certified in accordance with 104.2.2C (4).
The copy of such certification is on file with USA Swimming.

Only USA Swimming member swimmers swimming the meet, registered coaches with current certification, working officials, and volunteers are allowed on deck. Parents and spectators please remain in the viewing or seating areas.

TIMING: Colorado Timing System with touch pads and display board

MANDATORY GENERAL MEETING Friday, Mar. 1 at 7:00am. Meet Referee will answer any questions about the Meet format as well as any last minute changes/reminders from the Administrative Referee.

SCHEDULE:

Session	Warm-Up	Meet Start
Friday, Saturday and Sunday All 10 & Under and 11-12/12 & Under Boys	7:30-8:30am	8:40am
Friday, Saturday and Sunday All 13-14/14 & Under and 11-12/12 & Under Girls	Tentative 12:00-1:00pm	Tentative 1:10pm

ENTRIES: Swimmers may enter three (3) individual events per day, with a maximum of seven (7) events in the meet.

ENTRY FEES:

\$ 6.00 per individual event. (\$1.00 of each individual event will go to the CSI Support Fund)

\$ 12.00 per swimmer pool surcharge.

Any outstanding fees and/or past due fees owed to Colorado Swimming must be paid in full in order to participate in the meet.

ELECTRONIC ENTRY PROCEDURES AND DEADLINE:

- Entries must be emailed to the Entry Chair, using either Hy-Tek Team Manager File and/or Team Unify Export. Please attach a PDF or Word Document of the team entry report.
- The entry chair must receive **all** entries no later than 11:59 pm on Tuesday, **February 19, 2019** (entries will be verified on/or before Feb 20th).
- **Payment will be processed via credit card at the meet or via QuickBooks Invoicing**
- **NO LATE ENTRIES ACCEPTED AFTER ENTRY DEADLINE. NO DECK ENTRIES.**
- Overnight mail or guaranteed next day delivery is acceptable if agent guarantees next day delivery to satisfy meet deadline.
- Psych sheet, warm-up and timer assignments will be posted at www.coloradoswimming.org by Monday, February 26, 2019.

Corrections should be made as follows:

Entry corrections & Proof of time correction should be sent to: Linda Seckinger

csimeetentries@gmail.com

Registration corrections should be sent to: Jackie Stiff

csiswimoffice@gmail.com

ELIGIBILITY: All athletes **must** hold a 2019 USA Swimming membership issued by Colorado Swimming, Inc. Swimmers who are within the 120-day transfer rule must swim UNATTACHED. Per USA Swimming rule 302.4, Colorado Swimming Inc. will impose a fine of \$100 per swimmer who shows up on the post meet registration check charged to the team account. Teams will receive one Meet Recon email as a reminder to register the swimmers. As soon as the post meet registration check is run the team will be charged. No on deck registrations will be taken. The meet will also be open to CSI physically impaired athletes with 2019 motivational time standards.

SCORING: There will be no scoring.

AWARDS: Individual: Medals 1-8 Ribbons 9-16

SEEDING PROCEDURE & SCRATCH RULES:

With the exception of the 400 IM and 500 Free, the meet shall be pre-seeded. Swimmers must report to the assigned heat and lane if they intend to swim the event.

All entry times will be verified with the CSI time's database before the swimmer will be allowed to swim that event. **Entry times must fall between current Silver State (minimum) and Age Group State (maximum) qualifying times.** No qualifying times will be accepted unless meet results are in the CSI proof of time database or times can be verified through SWIMS. A proof of times exceptions report will be posted by Monday Feb. 25 at www.coloradoswimming.org Team Entry Chair or coaches must provide corrections/proof of time by Sunday Feb 25 **NOTE: Submit entry times according to the time swum - NO CONVERSIONS Non-conforming times will be seeded last, per article 207.11.7 of the USA Swimming Rules and Regulations.**

POSITIVE CHECK-IN EVENTS (DISTANCE):

1. The distance events 400 IM/500 Free will be deck seeded by positively check-in by the beginning of the session. The swimmer or their coach must check-in at the clerk of course 30 minutes after the start of the session.
2. 500 SWIMMERS MUST PROVIDE TWO (2) OF THEIR OWN TIMERS AND MAY APPOINT A COUNTER TO CALL LENGTHS OR INDICATE LENGTHS BY VISUAL SIGN. 400 IM SWIMMERS MUST PROVIDE THEIR OWN TIMERS.

RULES:

1. The MEET REFEREE will have the final authority on all swimming procedures of the meet.
2. Current USA Swimming Rules & Regulations will govern the meet, in conjunction with the following information from Colorado Swimming Inc.
3. Age as of the first day of the meet, March 1, 2019 will determine the swimmer's age group for competition.
4. No exhibition swimming is allowed.
5. Entry times must have been achieved between Feb 23, 2018 and February 18, 2019.
6. Colorado Swimming, Inc. procedures for warm-up will be observed.
7. The USA Swimming National Start will be used. Please refer to 101.1.2
8. **Participating teams will be required to provide timers.** Notification of lane assignments for timing will be sent to each club and posted on the Colorado Swimming website. These assignments will be posted at the pool as well. Teams that have at least 6 swimmers in a session may be given a timing assignment.
9. Unattached/Unaccompanied swimmers -Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
10. At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down. The Meet Director or Meet Referee may assist the swimmer in making arrangements for such supervision, but it is the swimmer's responsibility to make such arrangements prior to the start of the meet.”
11. All swimwear must conform to USA Swimming Rule and Regulations article 102.8 effective October 1, 2009. If you have any question on older suits check the current FINA Approved swim suit list.
12. Any team or unaffiliated photographers must check-in with the Meet Referee prior to taking any photographs. No photography allowed from behind the starting platforms, during any starts.
13. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, or locker rooms.
14. Deck Changing is Prohibited. USA Swimming Rule 202.4.9I.
15. Any damage to pool property will be grounds for dismissal from the remainder of the meet and offenders will be held liable to the fullest extent allowed by law.
16. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

- Coaches/Officials:** Current certification is mandatory. Coaches and officials that are in non-compliance will not be allowed on deck. Deck Pass and/or a membership card is an acceptable proof of membership. Coaches will be required to sign in to receive their heat sheet.
- A mandatory Officials meeting will be held one hour prior to the start of each session each day of the meet.
 - Official's uniforms will be white polo shirt over navy blue shorts, long pants or skirts/skorts. White socks and white deck friendly shoes for all sessions.
 - No trainees will be allowed on deck for the prelim/final portion of this meet.

SAFETY ISSUES:

The conduct of warm-up and competition will adhere to Colorado Swimming, Inc. Policies and Procedures.

- All coaches, officials, parents and swimmers should act in a manner to reduce the risk of any accidents.
- Coaches are to monitor their swimmers during warm-up/meet and are responsible for their safety.
- No forward dives or backstroke starts into the water during warm-up unless there is one-way swimming & starts with coach supervision.

- All athletes, parents, spectators, coaches and officials are reminded that the swimming venue may have areas where additional care needs to be observed. This includes and is not limited to slippery deck, bleachers and hallways. Proper footwear and caution “may” help reduce these risks.
- No running or horseplay is allowed and it is the responsibility of the swimmer, coach, officials and parents to monitor these activities.
- Care should be given not to park in either handicapped or fire lanes as vehicles may be towed at the owner’s expense.
- To provide a safe environment for everyone in the bleacher seating area that is shared by all, only stadium style seats are allowed.

PROGRAMS AND RESULTS:

Programs will be available for \$5.00 meet program/heat sheet and the final results will be provided for teams entered in the meet. Results will be sent back to the clubs via email and posted on the web site.

SPECIAL INFORMATION:

- There will be “NO SMOKING” anywhere in the facility or in areas frequented by swimmers.
- Spectators are asked to refrain from standing along the rail in front of the viewing area.
- **NO spectators** will be permitted on deck or in swimmer locker rooms at any time during the meet.

Deck space is reserved for swimmers, officials, participating team affiliated coaches and working volunteers.

Parking: **Parking Permit will be posted on TOPS and CSI website. Participants must have permit in dashboard at all times.**

Refreshments:

Food must be eaten in the Concourse Area. No refreshments are allowed in the pool area, regardless of their source. This is a University of Denver policy.

Seating: **NO parent seating or standing on the pool deck.** Athletes will be allowed to sit on the pool deck. To allow our parents a viewing area, there will be **NO permanent seating in the pool bleachers.** There will be additional seating in the concourse and/or adjacent gymnasium.

14 & Under Silver State Championships

Friday AM Events		
Warm-up 7:30 am Start 8:40 am		
Women's	Event	Men's
1	10-U 100 Back	2
3	11-12 100 Back	4
5	10-U 200 Free	6
7	11-12 200 Free	8
9	10-U 50 Breast	10
11	11-12 50 Breast	12
13	10-U 100 I.M.	14
15	11-12 100 I.M.	16

Friday PM Events		
Tentative Warm-up 12:00pm Tentative Start 1:10		
Women's	Event	Men's
17	14-U 200 Back	18
19	13-14 200 Free	20
21	13-14 100 Breast	22
23	14-U 400 I.M.	24

Saturday AM Events		
Warm-up 7:30 am Start 8:40 am		
Women's	Event	Men's
25	10-U 200 I.M.	26
27	11-12 200 I.M.	28
29	10-U 100 Fly	30
31	11-12 100 Fly	32
33	10-U 50 Back	34
35	11-12 50 Back	36
37	10-U 100 Free	38
39	11-12 100 Free	40

Saturday PM Events		
Tentative Warm-up 12:00pm Tentative Start 1:10		
Women's	Event	Men's
41	13-14 200 I.M.	42
43	14-U 200 Fly	44
45	13-14 100 Back	46
47	13-14 100 Free	48

Sunday AM Events		
Warm-up 7:30 am Start 8:40 am		
Women's	Events	Men's
49	11-12 100 Breast	50
51	10-U 100 Breast	52
53	11-12 50 Fly	54
55	10-U 50 Fly	56
57	11-12 50 Free	58
59	10-U 50 Free	60
61	12-U 500 Free	62

Sunday PM Events		
Tentative Warm-up 12:00pm Tentative Start 1:10		
Women's	Events	Men's
63	14-U 200 Breast	64
65	13-14 100 Fly	66
67	13-14 50 Free	68
69	13-14 500 Free	70

2019 CSI Silver State Championship Time Standards
March 1-3, 2019

Women			10&Under	Men		
LCM	SCM	SCY	Event	LCM	SCM	SCY
0:40.39	0:39.59	0:35.59	50 Free	0:39.69	0:38.89	0:34.99
1:29.59	1:27.99	1:19.19	100 Free	1:30.29	1:28.69	1:19.89
3:18.99	3:15.79	2:56.39	200 Free	3:18.99	3:15.79	2:56.39
0:46.69	0:46.09	0:41.49	50 Back	0:46.79	0:46.19	0:41.59
1:40.69	1:39.49	1:29.59	100 Back	1:44.09	1:42.89	1:32.69
0:52.39	0:51.39	0:46.29	50 Breast	0:55.99	0:54.99	0:49.49
1:56.99	1:54.99	1:43.59	100 Breast	2:02.39	2:00.39	1:48.39
0:45.79	0:45.09	0:40.59	50 Fly	0:46.79	0:46.09	0:41.49
1:56.19	1:54.79	1:43.39	100 Fly	2:07.29	2:05.89	1:53.39
	1:38.79	1:28.99	100 IM		1:40.89	1:30.89
3:42.19	3:38.99	3:17.29	200 IM	3:49.49	3:46.29	3:23.79

11-12 & 12&Under

LCM	SCM	SCY	Event	LCM	SCM	SCY
0:33.39	0:32.59	0:29.29	50 Free	0:34.79	0:33.99	0:30.59
1:13.79	1:12.19	1:04.99	100 Free	1:16.59	1:14.99	1:07.49
2:41.69	2:38.49	2:22.79	200 Free	2:49.99	2:46.79	2:30.19
5:47.19	5:47.19	6:36.09	400/500 Free	6:16.89	6:16.89	7:09.39
0:38.69	0:38.09	0:34.29	50 Back	0:41.69	0:41.09	0:36.99
1:22.89	1:21.69	1:13.59	100 Back	1:29.69	1:28.49	1:19.69
0:44.29	0:43.29	0:38.99	50 Breast	0:48.09	0:47.09	0:42.39
1:37.59	1:35.59	1:26.09	100 Breast	1:43.39	1:41.39	1:31.29
0:37.29	0:36.59	0:32.89	50 Fly	0:39.39	0:38.69	0:34.79
1:27.39	1:25.99	1:17.39	100 Fly	1:35.59	1:34.19	1:24.79
	1:22.39	1:14.19	100 IM		1:28.79	1:19.99
3:02.09	2:58.89	2:41.09	200 IM	3:13.49	3:10.29	2:51.39

13-14

LCM	SCM	SCY	Event	LCM	SCM	SCY
0:31.29	0:30.49	0:27.39	50 Free	0:30.59	0:29.79	0:26.79
1:07.69	1:06.09	0:59.49	100 Free	1:06.69	1:05.09	0:58.59
2:29.59	2:26.39	2:11.89	200 Free	2:28.59	2:25.39	2:10.99
5:26.59	5:20.19	5:57.59	400/500 Free	5:30.59	5:24.19	6:06.79
1:16.79	1:15.59	1:08.09	100 Back	1:18.29	1:17.09	1:09.39
2:46.39	2:43.99	2:27.69	200 Back	2:49.69	2:47.29	2:30.69
1:30.79	1:28.79	1:19.99	100 Breast	1:29.39	1:27.39	1:18.69
3:14.19	3:10.19	2:51.29	200 Breast	3:15.79	3:11.79	2:52.79
1:17.69	1:16.29	1:08.69	100 Fly	1:17.39	1:15.99	1:08.39
3:14.49	3:11.69	2:52.69	200 Fly	3:29.99	3:27.19	3:06.59
2:47.19	2:43.99	2:27.69	200 IM	2:46.99	2:43.79	2:27.49
6:11.99	6:05.59	5:29.29	400 IM	6:35.59	6:29.19	5:50.59