



Colorado Senior Meet February 15-17, 2019

APPROVAL: Held under approval of USA Swimming #2019-030A. In granting this approval it is understood and agreed that USA Swimming shall be free from any liabilities or claims or damages arising by reason of injuries to anyone during the conduct of the event. It is also understood and agreed that the University of Denver shall be free from any liabilities, claims or damages arising by reason of injuries to anyone during the conduct of the event.

MEET REFEREE: Ben Ayotte Email: bayotte86@gmail.com

MEET DIRECTOR: Shawn Smith Email: Shawn.smith@du.edu

ENTRY CHAIR: Colorado Swimming Email: csimeetentries@gmail.com
PO BOX 816 Frederick, CO 80530
970-454-3697 (Linda) 720-616-7937 (Jackie)
Charged to Team Account

SAFETY DIRECTOR: Rachel Cook Email: Rachel.cook@du.edu

LOCATION: University of Denver, Ritchie Center, 2201 E. Asbury, Denver, CO 80208

FACILITY: Elevation 5342 ft.; Seventeen lane; 25 yard by eight-lane 50-meter indoor pool.
Dependent upon number of entrants, the meet may run in a one 10 lane, 25 yard course, with depth ranging from 7-13 ft. at start end and turn end, or in one 8 lane course with depth ranging from 7-13 ft. at start end and 7 ft. depth at turn end. Continuous warm-up/down lanes will be available in both circumstances. The competition course has been certified in accordance with 104.2.2C (4).
The copy of such certification is on file with USA Swimming.

Only USA Swimming member swimmers swimming the meet, registered coaches with current certification, working officials, and volunteers are allowed on deck. Parents and spectators please remain in the viewing or seating areas.

TIMING: Colorado Timing System with touch pads and display board

MANDATORY GENERAL MEETING: Friday, Feb. 15 at 3:30 PM. Meet Referee will answer any questions about the meet format as well as any last minute changes/reminders.

SCHEDULE:

Session	Warm-Up	Meet Start
Friday	General Warm-up: 4:00-4:30pm Specific Warm-up: 4:30-4:50pm	5:00pm
Saturday and Sunday	General Warm-up: 10:00-10:45am Specific Warm-up: 10:45am-11:05pm	11:15 am

ENTRIES: Swimmers may enter up to four (4) individual events per day, with a maximum of (7) events for the meet.

ENTRY FEES: \$6.00 for each individual event. (\$1.00 of each individual event will go to the CSI Support Fund)
\$12.00 per swimmer Pool Surcharge
See short course 2018-2019 athlete reimbursement form for funding guidelines.

ELECTRONIC ENTRY PROCEDURES AND DEADLINES:

- Entries must be emailed to the Entry Chair, using either Hy-Tek Team Manager File and/or Team Unify Export. Please attach a PDF or Word Document of the team entry report.
- The entry chair must receive **all** entries no later than 11:59 pm on Tuesday, **February 5, 2019** (entries will be confirmed on/or before Feb 6th).
- **Payment will be processed via credit card at the meet or via QuickBooks Invoicing.**
- Overnight mail or guaranteed next day delivery is acceptable if agent guarantees next day delivery to satisfy meet deadline.
- Psych sheet, warm-up and timer assignments will be posted at www.coloradoswimming.org by Tuesday, February 12, 2019.

LAST CHANCE ENTRY EXCEPTIONS:

- Times achieved at approved Colorado Last Chance meets and any additional meets requested to lseckinger@aol.com before Feb 1, 2019. Last Chance exception only applies to swimmers who have not previously qualified in that event. No previous times will be adjusted.
- **Last Chance entry procedure:** New qualifications and payment must be submitted to the meet director at the last chance meets. The Meet director will then forward all last chance qualifications to the Senior State meet entry chair. **Entries will not be accepted from individuals or teams, only from last chance host.**

Corrections should be made as follows:

Entry corrections should be sent the Entry Chair:
Registration corrections should be sent to:

Linda Seckinger csimeetentries@gmail.com
Jackie Stiff csiswimoffice@gmail.com

ELIGIBILITY: Athletes must be 15 years of age or older as of the first day of the meet. **EXCEPTION:** Athletes who turn 15 between Feb 16-22, 2019 may participate in the Colorado Senior Meet. No deck registrations will be taken. The meet will also be open to CSI physically impaired athletes with Motivational time standards.

SCORING: There will be no scoring.

AWARDS: Individual: Medals 1-8

SEEDING PROCEDURE & SCRATCH RULES:

With the exception of the 400 IM, 500 Free, and 1650 Free the meet shall be pre-seeded. Swimmers must report to the assigned heat and lane if they intend to swim the event.

NOTE: Submit entry times according to the time swum - NO CONVERSIONS Non-conforming times will be seeded last per article 207.11.7 of the USA Swimming Rules and Regulations.

POSITIVE CHECK-IN EVENTS (DISTANCE):

1. The distance events 400 IM/500 Free/1650 Free will be deck seeded by positive check-in on the day the event will be swum. On Saturday/Sunday, check-in will close 30 minutes after the start of the session on the day of the event. The 1650 freestyle will be swum fastest to slowest alternating women and men.
2. 500/1650 SWIMMERS MUST PROVIDE TWO (2) OF THEIR OWN TIMERS AND MAY APPOINT A COUNTER TO CALL LENGTHS OR INDICATE LENGTHS BY VISUAL SIGN. 400 IM SWIMMERS MUST PROVIDE THEIR OWN TIMERS.

RULES:

1. The MEET REFEREE will have the final authority on all swimming procedures of the meet.
2. Current USA Swimming Rules & Regulations will govern the meet, in conjunction with the following information from Colorado Swimming Inc.
3. Age as of the first day of the meet, February 15, 2019 will determine the swimmer's age group for competition.
4. No exhibition swimming is allowed.
5. Entry times must have been achieved between January 1, 2018 to Feb 5, 2019, except last chance meets.
6. Colorado Swimming, Inc. procedures for warm-up will be observed.

7. The USA Swimming National Start will be used. Please refer to 101.1.2
8. **Participating teams will be required to provide timers.** Notification of lane assignments for timing will be sent to each club and posted on the Colorado Swimming website. These assignments will be posted at the pool as well. Teams that have at least 6 swimmers in a session may be given a timing assignment.
9. Unattached/Unaccompanied swimmers -Any swimmer entered in the meet, unaccompanied by a USA Swimming member coach, must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
10. All swimwear must conform to USA Swimming Rule and Regulations article 102.8 effective October 1, 2009. If you have any question on older suits check the current FINA Approved swim suit list.
11. All team photographers must check-in with the Meet Referee prior to taking any photographs. No photography allowed from behind the starting platforms during starts and relays. No unaffiliated photographers allowed, unless otherwise approved by the Meet Referee.
12. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, or locker rooms.
13. Deck Changing is Prohibited. USA Swimming Rule 202.4.9I.
14. Any damage to pool property will be grounds for dismissal from the remainder of the meet and offenders will be held liable to the fullest extent allowed by law.
15. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

TIME TRIALS:

Pending facility availability. TIME TRIALS will be held at the end of the session ONLY IF TIME WILL ALLOW. Swimmers planning to swim a time trial event must sign up 60 minutes before the start of the time trial session. The cost is \$10.00 per event swimmers must be entered in the Sr. Meet to compete in time trials. Time trial events will count as one of the four events per day limit and the seven event limit for the meet. TIME TRIALS will follow the same rules as the Senior Meet. Sanction: 2019-033ATT

Coaches/Officials: Current certification is mandatory. Coaches and officials that are in non-compliance will not be allowed on deck. Deck Pass and/or a membership card is an acceptable proof of membership. Coaches will be required to sign in to receive their heat sheet.

- A mandatory Officials meeting will be held one hour prior to the start of each session each day of the meet.
- Official's uniforms will be white polo shirt over navy blue shorts, long pants or skirts/skorts. White socks and white deck friendly shoes for all sessions.
- No Trainees will be permitted at this meet.

SAFETY ISSUES:

The conduct of warm-up and competition will adhere to Colorado Swimming, Inc. Policies and Procedures.

- All coaches, officials, parents and swimmers should act in a manner to reduce the risk of any accidents.
- Coaches are to monitor their swimmers during warm-up/meet and are responsible for their safety.
- No forward dives or backstroke starts into the water during warm-up unless there is one-way swimming & starts with coach supervision.
- All athletes, parents, spectators, coaches and officials are reminded that the swimming venue may have areas where additional care needs to be observed. This includes and is not limited to slippery deck, bleachers and hallways. Proper footwear and caution "may" help reduce these risks.
- No running or horseplay is allowed and it is the responsibility of the swimmer, coach, officials and parents to monitor these activities.
- Care should be given not to park in either handicapped or fire lanes as vehicles may be towed at the owner's expense.

PROGRAMS AND RESULTS:

Programs will be available for \$5.00 meet program/heat sheet and the final results will be provided for teams entered in the meet. Results will be sent back to the clubs via email and posted on the web site.

SPECIAL INFORMATION:

- There will be “NO SMOKING” anywhere in the facility or in areas frequented by swimmers.
- Spectators are asked to refrain from standing along the rail in front of the viewing area.
- **NO spectators** will be permitted on deck or in swimmer locker rooms at any time during the meet.

Deck space is reserved for swimmers, officials, participating team affiliated coaches and working volunteers.

Parking: **Parking Permit will be posted on TOPS and CSI website. Participants must have permit in dashboard at all times.**

CSI Senior Circuit:

Events swum will count toward the CSI Senior Circuit event total. Athletes who compete in seven (7) events or more Senior Circuit events will be eligible for an extra .5 share of funding per the CSI re-imbusement procedures.

Refreshments:

Food must be eaten in the Concourse Area. No refreshments are allowed in the pool area, regardless of their source. This is a University of Denver policy.

Seating: **NO parent seating or standing on the pool deck.** Athletes will be allowed to sit on the pool deck. To allow our parents a viewing area, there will be **NO permanent seating in the pool bleachers.** There will be additional seating in the concourse and/or adjacent gymnasium.

2019 CO Senior Meet Qual Times and Meet Format

SHORT COURSE SENIOR MEET @ Univ Of Denver FRIDAY FEBRUARY 15, 2019

Women's	LCM	SCY	Event	LCM	SCY	Men's
1	20:22.99	19:59.99	15 & Over 1650 Free	20:22.99	19:59.99	2

SHORT COURSE SENIOR MEET @ Univ Of Denver SATURDAY FEBRUARY 16, 2019

Women's	LCM	SCY	Event	LCM	SCY	Men's
3	2:22.19	2:03.99	15 & Over 200 Free	2:12.09	1:54.09	4
5	1:28.09	1:16.79	15 & Over 100 Breast	1:19.49	1:07.99	6
7	29.99	:26.49	15 & Over 50 Free	27.09	:23.99	8
9	2:55.99	2:36.99	15 & Over 200 Fly	2:51.99	2:32.99	10
11	1:13.29	1:04.99	15 & Over 100 Back	1:10.49	1:00.99	12
13	5:46.99	5:08.99	15 & Over 400 IM	5:36.09	4:57.39	14

SHORT COURSE SENIOR MEET @ Univ of Denver SUNDAY FEBRUARY 17, 2019

Women's	LCM	SCY	Event	LCM	SCY	Men's
15	2:42.99	2:22.99	15 & Over 200 I.M.	2:30.99	2:10.99	16
17	1:06.39	57.69	15 & Over 100 Free	1:00.89	:52.69	18
19	2:41.99	2:22.39	15 & Over 200 Back	2:34.99	2:15.99	20
21	1:13.99	1:04.99	15 & Over 100 Fly	1:06.39	57.99	22
23	3:10.99	2:47.99	15 & Over 200 Breast	3:02.39	2:39.99	24
25	5:02.99	5:42.99	15 & Over 500 Free	4:50.99	5:29.99	26