

JEFFCO PINEAPPLE OPEN

November 9-11th, 2018

NOTE: All Open events will be swum mixed gender

Sponsor: This event is hosted by Jeffco Hurricanes and is held under the sanction of USA Swimming # 2018-135. In granting this sanction it is understood and agreed that USA Swimming shall be free from any liabilities or claims or damages arising by reason of injuries to anyone during the conduct of the event.

Location: George Meyers Pool, 7900 Carr Drive, Arvada, CO 80005, elevation 5300 ft

Eligibility: Open to all swimmers holding a 2018/19 USA Swimming membership card. Swimmers within the 120-day transfer rule must swim unattached. Age as of the first day of the meet will determine a swimmer's age group. Any swimmer that appears on the CSI exceptions report without registration must come to the meet prepared to show their card or they will be deck registered before they can enter the water. A surcharge of \$28.00 for deck registration will also apply in addition to the normal registration fee. Per USA Swimming rule 302.4, Colorado Swimming Inc. will impose a fine of \$150 per swimmer who shows up on the post meet registration check charged to the team account. Teams will receive one Meet Recon email as a reminder to register the swimmers. As soon as the post meet registration check is run the team will be charged.

Facility: 25 yard indoor pool, 10 lane, 25 yard course, 8 lane continuous warm-up/down in shallow end of the pool with water depth from 3 ½ feet to 4 feet. Colorado Timing System with 10 lane scoreboard, electronic touch pads will be used. Elevation 5300'. Competition water depth measured in accordance with Article 103.2.3 ranges from 4 feet in lane 10 at the start end and the turn end to 12 feet in lane 1 at the start end and turn end. The competition course has not been certified in accordance with USA swimming 104.2.2C(4).

Rules: Current 2018 USA Swimming and CSI rules and regulations shall apply.

1. The meet referee will be the final authority for the conduct of the meet.
2. Swimmers attending without a coach must report to the meet referee to make arrangements for coach supervision to act in their interest during the meet. Assigned coach shall be responsible for supervision of warm-up/warm-down, and all other responsibilities of the swimmer.
3. Any swimmer entered in the meet must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.
4. Age of the swimmer is determined as of November 9, 2018. Swimmers are limited to 4 individual events per day. All events will be timed finals. Entries will be limited for the 12 & under sessions to fit within 4 hours per session. Entries for Open sessions will be limited to complete in approximately five hours.
5. **12&U Events in Session 2&4 will be pre-seeded and swum SLOW to FAST. Events in Sessions 1, 3 & 5 will be pre-seeded and swum FAST to SLOW.** Swimmers should report directly to the blocks with the exception of 12 & under 500 Free, Open 1000 Free, Open 500 Free, and Open 400 IM, which will require a positive check in approximately 60 minutes prior to the start of the event. Failing to check in for an event may result in not being able to compete in that event. **Swimmers must provide their own timers for all positive check-in events. Swimmers must provide their own counters for all 500 and 1000 yard freestyle events.**
6. Use of audio or visual recording equipment, including a cell phone, is not permitted in locker rooms or restrooms.

7. No smoking, chewing tobacco, drugs, or drinking alcoholic beverages allowed in the building.
8. Any damage to pool property will be grounds for dismissal from the meet.
9. Deck Changes are prohibited
10. No on-deck photography from behind the starting blocks will be allowed during the starts of any races. All photographers must identify themselves in advance to the meet referee.
11. No exhibition swimming will be allowed.
12. No Time entries will not be accepted for reasons of providing an accurate timeline. Qualification times for the 500 Free and 400 IM are subject to verification. JH swimmers are exempt from these restrictions.
13. In the event of inclement weather check our website 60-90 min prior to the start of each session for possible delays: www.northjeffcoswimteam.org
14. Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present.

Distance Events: All events will be swum FASTEST to SLOWEST. We reserve the right to limit these events and the 12&U 500 Free to the fastest 40 girls and 40 boys regardless of age to fit in the published timelines. The psych sheet with event ranking will be posted to the NJST website. No refunds will be given to swimmers who do not get to compete in entry limited events.

Start Procedure: All starts will be conducted under Rule 101.1.5.

Awards: Ribbons awarded for 1st-8th place for age groups 8&Under, 9-10 and 11-12. No awards for open events. There will be no team scoring.

Entry Procedure: Swimmers are limited to four events per day. The preferred method of submitting entries is electronically along with a printout of swimmers (to include events, USA ID, team code and age as of the first day of the meet) and entry fees. Master sheets should be used if entries are not able to be sent electronically. Teams not electronically entering more than 5 athletes will be charged an additional \$25 team entry fee.

The meet entries will be limited to complete the 12&U session within 4 hours. All of the JH entries will be accepted and others will be accepted in the order they are received, until the meet is full. No team will be split unless they express that desire.

Entry Fees: \$6.00 per event (\$0.75 per splash goes to the CSI Support Fund). \$8.00 pool surcharge per swimmer. \$8.00 per deck entry at time of entry into open lanes only.

Entry Chair: NJST, PO Box 746396, Arvada, CO 80006
jeffcoentrychair@yahoo.com

Meet Director: Brett Stoyell; brewstoy@hotmail.com
Carmen Babcock; swimshady7@yahoo.com

Meet Referee: Heather Rooney rooneyclan2@gmail.com or designee;

Safety Chairman: Ashley Strickland; ashstrick@yahoo.com

Entry Deadline: Entries are to be received by the meet director by 8:00pm on October 23, 2018. Teams to make one check payable to the NJST. Late entries taken at meet to be added to open lanes only.

Warm-Up Procedure: CSI warm-up procedures will be followed. Each coach will be responsible for the monitoring of their swimmers during warm up/warm-down.

Final Warm up & Start times: Afternoon session 3 and session 5 warm-up and start time are TBA and have a tentative start time of 1:40. Warm-up and start times will be posted to the NJST website, www.northjeffcoswimteam.org by Tuesday, Nov 6th.

Concessions & Programs: Concessions will be available during the meet. Programs will be available electronically via Meet Mobile app; heat sheets will be posted at the venue for anyone not using Meet Mobile.

Coaches & Officials: Coaches and uniformed officials must display their USA/CSI cards when on deck, certification is mandatory. Coaches and officials not in compliance will not be allowed on deck. There will be a mandatory coaches meeting on Friday at 3:30pm. Officials will have a meeting 60 minutes prior to the start of each session.

Schedule of Swimming Events, Friday, November 9, 2018

Warm Up: 3:50-4:50 PM Session 1 Starts: 5:00 PM

<u>Girls</u>	<u>Division</u>	<u>Event</u>	<u>Boys</u>
1	Open Mixed	50 Free	1
2	13&O Mixed	200 IM	2
3	12&U	500 Free	4
5	Open Mixed	1000 Free	5

Schedule of Swimming Events, Saturday, November 10, 2018

Warm Up: 7:00-8:00 AM Session 2 Starts: 8:10 AM

<u>Girls</u>	<u>Division</u>	<u>Event</u>	<u>Boys</u>
6	12&U	50 Fly	7
8	12&U	100 Free	9
10	12&U	100 Back	11
12	12&U	50 Breast	13
14	12&U	200 IM	15

Schedule of Swimming Events, Saturday, November 10, 2018

Tentative TBA Warm Up: 12:30-1:30 PM Tentative TBA Session 3 Start Time: 1:40 PM

<u>Qual</u>	<u>Girls</u>	<u>Division</u>	<u>Event</u>	<u>Boys</u>	<u>Qual</u>
	16	Open Mixed	100 Free	16	
	17	Open Mixed	200 Back	17	
	18	Open Mixed	100 Breast	18	
	19	Open Mixed	200 Fly	19	
6:10.00	20	Open Mixed	500 Free	20	6:10.00

Schedule of Swimming Events, Sunday, November 11, 2018

Warm Up: 7:00-8:00 AM Session 4 Starts: 8:10 AM

<u>Girls</u>	<u>Division</u>	<u>Event</u>	<u>Boys</u>
21	12&U	100 IM	22
23	12&U	100 Fly	24
25	12&U	50 Free	26
27	12&U	100 Breast	28
29	12&U	50 Back	30
31	12&U	200 Free	32

Schedule of Swimming Events, Sunday, November 11, 2018

Tentative TBA Warm Up: 12:30-1:30 PM Tentative TBA Session 5 Start Time: 1:40 PM

<u>Qual</u>	<u>Girls</u>	<u>Division</u>	<u>Event</u>	<u>Boys</u>	<u>Qual</u>
	33	Open Mixed	100 Fly	33	
	34	Open Mixed	200 Breast	34	
	35	Open Mixed	100 Back	35	
	36	Open Mixed	200 Free	36	
5:32.00	37	Open Mixed	400 IM	37	5:32.00

Jeffco Hurricanes are going GREEN!

Please bring your reusable water bottle and/or coffee mug. There will be water refill stations available at the pool, and concessions will be happy to fill coffee in your own mug!

