

COLORADO Zone 2 Summer District Meet

Open Division

Hosted by : DU Hilltoppers

July 10th – 12th, 2009

Date: July 10th – 12th, 2009

Sanction: Held under the sanction of Colorado Swimming, Inc., USA Sanction # 2009-080

Location: University of Denver, Coors Fitness Center
I-25 and University Blvd.,
2201 E. Asbury, Denver, CO 80208

Facilities: Elevation 5320 ft; Seventeen lane; 25 yard by eight lane 50-meter indoor pool.
Continuous warm-up/down lanes will be available.

TIMING: Colorado Timing System with touch pads and display board

Schedule: **Friday, Saturday & Sunday Timed Finals**

Friday Session

Warm Up: 1:00PM Start: 2:00PM

Saturday and Sunday Sessions

Warm Up: 9:30AM Start: 10:30AM

Eligibility: All athletes **must** hold a 2009 USA Swimming membership card issued by Colorado Swimming, Inc.

- Athletes must be registered to a Colorado Swimming Zone 2 swim club.
- Unattached athletes must reside in the Colorado Swimming Zone 2 Geographical Region.
- Swimmers who are within the 120-day transfer rule must swim UNATTACHED.
- Any swimmer that appears on the CSI exception report without registration must come to the meet prepared to show their current card or they will be deck registered before they can enter the water. A surcharge for deck registration will also apply.
- Exception report will be posted on the Hilltoppers web page after the entry deadline, at www.recreation.du.edu/hilltoppers

- Rules:**
1. Current 2009 USA Swimming Rules & Regulation will govern the meet.
 2. Age as of the first day of the meet will determine the swimmer's age group for competition. July 10th, 2009.
 3. Submit entry times according to the time swum – DO NOT SUBMIT CONVERTED TIMES.
 4. No exhibition swimming is allowed.
 5. All events are timed final events.
 6. **NT entries will not be accepted.** No refunds will be given for incorrect entries.
 7. The meet is pre-seeded; please notify the Clerk of Course of scratches only. Swimmers shall report promptly to the blocks prior to the start of each race in which they are entered. Any swimmers not reporting for or competing in an individual timed final event shall not be penalized.
 8. The MEET REFEREE will have the final authority on all swimming procedures of

the meet.

9. Colorado Swimming, Inc. procedures for warm up will be observed.

10. At the Referee's discretion, individual events may be combined by age, sex and/or distance.

11. The USA Swimming National Start will be used. This meet will enforce timely reporting to the block area and responding promptly to signals and commands as follows: When the swimmers and officials are ready, the Referee shall signal with an out stretched arm to the starter that the swimmers are under the Starter control (101.1.2B). Swimmers stepping up late after the Referee has signaled with an outstretch arm releasing the field to the Starter "may," at the discretion of the referee, be barred from competing in that event. It is the responsibility of every swimmer and coach to ensure that they report to the starting area in a timely fashion and respond to all signals and commands of the meet officials promptly. If you miss your event for whatever reason you may not be allowed to swim that event.

12. All coaches and uniformed officials must display their USA Swimming / CSI cards while on deck. Current certification is mandatory. Coaches that are in non-compliance will not be allowed on deck.

13. Participating teams will be assigned lanes for timing and are expected to provide the timer(s) for the duration of the assignment.

14. Psych Sheets and Timing Assignments will be posted on the Hilltoppers web page by Monday July 6 at www.recreation.du.edu/hilltoppers

Time Trials:

Time trials will be held at the end of each session. The order of events will be shortest to longest i.e. 50m, then 100m, then 200m, etc... Registrations for time trial session will close approx 60 minutes prior to the end of the scheduled events for that day. The cost is \$10.00 per event. and if not entered into the meet athlete will need to pay the pool surcharge fee. Time trials are conducted under the same sanction as the Zone 2 Meet, and events will count as one of the four events per day limit.

Distance Events:

1. The 400 IM, 400 Free and the 1500 Free will be deck seeded by positive check in on the day the event will be swum. The swimmer or their coach must check in at the clerk of course by the close of warm up on the day of the event. If an athlete fails to check-in they MAY not be allowed to participate.
2. The 400 IM, 400 Free and the 1500 Free will be swum fastest to slowest alternating women and men. If an athlete fails to check-in they MAY not be allowed to participate.
3. Distance event swimmers must provide their own timers and counters.

Scoring: There will be no scoring.

Awards: Individual: Medals 1-3 Ribbons 4-8 Age Groups: Open

Senior Circuit: This meet will provide \$1.00 per event to the senior circuit travel fund. Events swum in this meet will count toward the athletes total events necessary to receive CSI funding , and will also count toward senior circuit event total.

Entries: 4 Individual events per day.

Entry Fees: \$5.00 per individual event. (\$1.00 of every individual event goes to the CSI Athlete Support Fund)
\$5.00 pool surcharge per swimmer.
Time Trials are \$10.00 per event.

Make Check payable to: University of Denver.

Entry Procedures:

All meet entries should be submitted on disk using Hy-Tek software, along with a Hy-tek printout of swimmers, entries, and a contact for each team. Meet Verification Forms must be sent to the host team along with check. Emailed entries along with mailed physical hard copies are preferred. Deck entries will be accepted and seeded into open lanes. No extra heats will be added to accommodate deck entries. Make one check payable to the University of Denver. **All deck entries must present proof of current registration—no exceptions will be made.**

Submit times in long course meter times only.

Entry Deadline:

Electronic meet entry files must be submitted by e-mail no later than 6 pm on Tuesday, June 30, 2009. Entries received after June 30, will be accepted only if accompanied by a \$5.00 late fee per event. Late entries accepted during the meet will be charged \$5.00 per event and only placed in open lanes. E-mail entries will be accepted. **ALL HARD COPIES MUST BE POSTMARKED BY Tuesday, June 30th, 2009.** E--Mail entries to: meetentries@msn.com

Send Meet Entries and Entry Fee Payment To:

Hilltopper Swimming
DU Department of Recreation: Aquatics, Room 1923
2201 E Asbury, Denver, CO 80208
meetentries@msn.com
303-871-4484

Meet Director: Kim Sidor

Safety Chairman: Carin Orr

Meet Referee: Mike Dilli or Designee Joe Badaracco

**No Lawn Chairs will be allowed in the bleachers
Spectator seating in pre-designated areas only. Seating
availability + facility information will be posted with psych sheet
on TOPS website.**

Session 1 Friday		
Girls	2:00 pm Start	Boys
Event #	Events	Event #
1	Open 200 Fly	2
3	Open 100 Free	4
5	Open 200 Breast	6
7	Open 100 Back	8
9	Open 400 Free	10
Session 2 Saturday		
Girls	10:30 am Start	Boys
Event #	Events	Event #
11	Open 50 Free	12
13	Open 200 IM	14
15	Open 100 Fly	16
17	Open 200 Back	18
19	Open 100 Breast	20
21	Open 200 Free	22
Session 6 Sunday		
Girls	10:30 am Start	Boys
Event #	Events	Event #
23	Open 400 IM	24
	15 min break	
25	Open 1500 Free	26